

Doctor's Information Sheet

Name: Mrs Rachel Tennant

Age: 40 years old

Address: 32 Stringer Lane, London

PMH:

Fertility Clinic referral 10 weeks ago

Last Consultation:

Attended surgery with partner: 10 weeks ago: ongoing difficulty conceiving:

Private Referral made to Fertility Clinic

Current Medication:

Nil

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Patient Information Sheet

Name: Mrs Rachel Tenant

Demographics: 40 year old, female, physiotherapist

Background: You have found out you were pregnant last week, naturally. Your best friend recently has a child who had Down's syndrome, so you wanted to see if you could be tested for it.

Opening Statement: "I was wondering if my baby could be tested for Down's syndrome".

(Only disclose further information, if candidate specifically enquires)

Open questions immediately after the 'opening statement' elicit the response: 'what would you like to know?'

History of Presenting Complaint:

- You have been trying for a baby for the last 6 months, without success, so decided to see a fertility specialist privately.
- 2 weeks before seeing the specialist, you missed your period. A later pregnancy test was positive, so you cancelled your appointment.
- Your last period was 6 weeks ago
- Your menstrual cycle is always regular, every 28 days, with 3 days of bleeding.
- You have had no vaginal bleeding / abdominal pain.
- You have had some morning sickness, but it is mild with no vomiting.
- You have never had any previous pregnancies.
- There is no family history of any genetic conditions
- You have no other symptoms if asked.

Past Medical History:

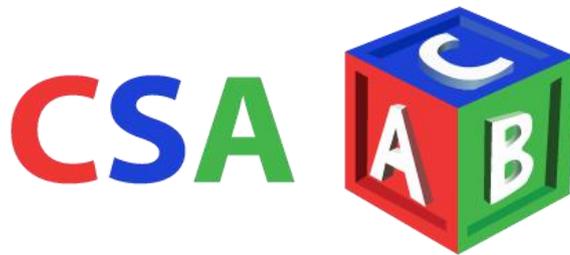
- None

Drug / Medication History:

- You are taking folic acid 400 mcg and Vitamin D 10 mcg daily.
- You have no allergies.

Occupational History:

- You work as a physiotherapist for the NHS.
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Psychological History:

- You are ecstatic that you have managed to get pregnant naturally.
- Your mood is excited

Social History:

- You do not drink or smoke.
- You live with your partner, who is very supportive.

Ideas:

- You think Down's Syndrome causes serious disabilities.

Concerns:

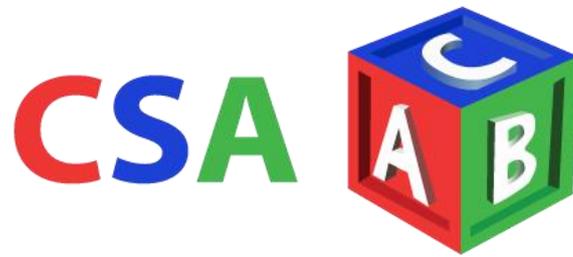
- Your best friend is a physiotherapist, the same age as you and she has a child with Down's. You are worried that the same could happen to you.
- You feel that if you had a child with Down's, you would never be able to work again and would have to be a carer full time. You have read about this happening to other mothers, in magazines.

Expectations:

- You are hoping your GP can provide some information or tests to alleviate your concerns.

Persona/Behaviour:

- You are keen to have any tests that are offered for Down's.
- You would like to know all/as much information as possible.
- If the doctor informs you that most Down's Children lead relatively normal lives you feel more reassured.
- You would like to know if there are any risks associated with the tests
- You accept advice on lifestyle changes and offers to book in with the midwife.



Examination Findings

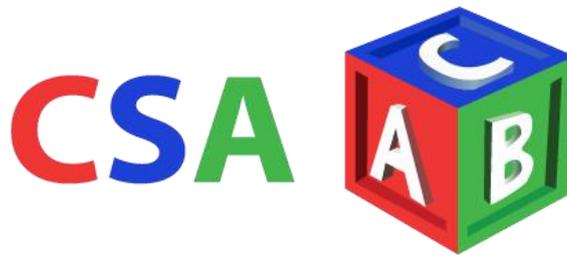
Blood pressure: 98/70

BMI: 21

Urine Dip: NAD

Abdomen: nad. snt.

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Mark Scheme

Data Gathering	Management	Communication Skills
<ul style="list-style-type: none"> ✓ Identifies why the patient would like to have tests for Down's Syndrome ✓ Establishes that patient was referred to fertility clinic, but naturally got pregnant ✓ Establishes when LMP was and that patient has done a pregnancy test OTC. ✓ Establishes underlying worries about child having Down's and subsequent loss of job. ✓ Establishes patient normally has regular periods ✓ Excludes red flags: abdomen pains, PV bleeding/discharge ✓ Checks if taking folic acid/Vitamin D ✓ Establishes obstetrics history: first child ✓ Establishes patient does not drink or smoke. ✓ Offers an appropriate examination: e.g. BP, Urine Dip, BMI 	<ul style="list-style-type: none"> ✓ Explains Down's in easy to understand terms ✓ Explains what symptoms children with Down's commonly have ✓ Explains screening test: combined test (USS & Bloods): 11-14 weeks. ✓ Explains baseline risk of having child with Down's: 1/100 (1%) ✓ Explains that high risk is <1/150 after screening test. ✓ Explains that if high risk, then a diagnostic test can be offered: e.g. CVS/amniocentesis ✓ Explains that above procedures can have a 1% risk of miscarriage ✓ Offers patient information leaflet. ✓ Signposts pregnancy advice: diet, vitamin D, folic acid, avoiding high dose Vitamin A, maternity leave, pregnancy prescription exemption certificate, 8 week midwife check, exercise. ✓ Offers follow up 	<ul style="list-style-type: none"> ✓ Congratulates patient on pregnancy. ✓ Establishes what patient already knows about Down's ✓ Identifies that patient is worried about having a baby with Down's, as close friend has one. ✓ Identifies that patient is worried about losing independence, if child has Down's. ✓ Reassures that children with Down's usually lead normal lives ✓ Reassures that this would mean patient could remain independent, therefore. ✓ Primarily focuses on patient's concerns about Downs, rather than pre-pregnancy counselling. ✓ Picks up on cues that patient is worried about Down's being a serious condition. ✓ Sensitive to the patient's feelings of anxiety. ✓ Does not rush patient, despite time constraints

Score Each Domain Individually

0 Marks: Fail: <50% ticks achieved

1 Mark: Borderline Pass: >50% ticks achieved

2 Marks: Pass: >70% Ticks achieved

3 Marks: Clear Pass: 100% All ticks achieved

Total: Add up marks for each domain and then this will give you your total mark for that station.

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